

# UNITED Health & RecPlex

*Learn. Play. Belong.*



*"We recognize that participating in sports in a safe and healthy environment provides critical life and teamwork skills in a young person's life."*

*-Dr. Lloyd Axworthy, President and Vice-Chancellor, UWinnipeg*

### More Information

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THE UNIVERSITY OF WINNIPEG

# United Health & RecPlex: Indoor Multi-sport Facility, Health and Wellness Centre

## The Home of Inner-City Sports

The University of Winnipeg, in partnership with the Province of Manitoba and the City of Winnipeg, is building a \$40 million complex that will offer neighbourhood families unprecedented recreational and health options.

The new facility will provide downtown Winnipeg with its first year-round, indoor sports field offering leagues, camps, and collaborative programs that involve youth-serving agencies, UWinnipeg students and the Faculty of Kinesiology. UWinnipeg's successful community athletics program, the Inner-City Junior Wesmen, is expected to triple in size — providing new sporting choices and the many benefits associated with team sports, to neighbourhood youth.

*"A new RecPlex would be good because it keeps kids busy and away from drugs."*



-12 year-old Mehr Rakhshani

## RecPlex

The state-of-the-art indoor greenspace will accommodate a multitude of sports such as soccer, football, ultimate, baseball, and track and field — as well as cultural and community events. The RecPlex will include:

- a large multi-use artificial turf field
- a four-lane rubberized sprint track
- a practice gym
- retractable batting cages
- a multi-events room
- safe and accessible indoor parking
- food and beverage kiosks

*"This is the kind of facility that we absolutely need. We see these kinds of facilities but they're in neighbourhoods we can't get to."*

-Ron Brown, Boys and Girls Clubs of Winnipeg

## Health, Wellness and Healing Centre

The new RecPlex will be connected by skybridge to UWinnipeg's existing Duckworth Centre, which is being renovated to include a new Health, Wellness and Healing Centre, offering

- an athletic therapy clinic
- health and education research
- primary health care
- the Head's Up Concussion Institute



## Community Partnership

The University of Winnipeg and surrounding neighbourhood have developed a Community Charter: a binding agreement guaranteeing community access to the RecPlex and recreational programs for inner-city youth and residents. An advisory committee, made up of community and UWinnipeg representatives, will ensure the partnership's success.

## The Faculty of Kinesiology

The University of Winnipeg has an entire staff and student body with a knowledge of and proficiency in sports, coaching, teaching, exercise science and athletic therapy. With a new facility on campus, UWinnipeg will be able to expand its community commitment, Wesmen programs, and intramural programs, as well as its research, teaching, and employment opportunities.



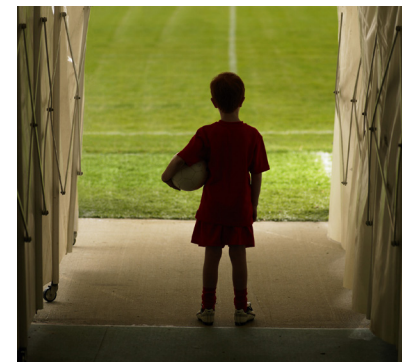
*"I love the idea of pairing the Faculty of Kinesiology and their students with our youth. This is something we would not have even dreamed of a year ago."*

-Ron Brown, Boys and Girls Clubs of Winnipeg

## Invest in the Future // Inner-City Sport for All Fund

The new Inner-City Sport For All fund is the pivotal revenue source for the inner-city community's involvement with the RecPlex. It will ensure that neighbourhood youth have free access to the facility, quality recreational and cultural programs, uniforms, registration, equipment, snacks, and incidentals.

Contributions to the Inner-City Sport for All Fund will ensure that youth from low-income neighbourhood kids have sport and recreational options similar to children in other areas of Winnipeg. It will provide vital community programming and exposure to a university environment that encourages education for all.



*"We don't have any indoor soccer options in the inner city, and it's the number one sport for newcomers to our community."*

-Phil Chiappetta, Rossbrook House