

IRSS Student Support Guide

Peer Tutoring: Undergraduate students who require academic support while pursuing their degrees can request free 1-1 help with courses, study skills, paper writing, exam preparation, and assignments, from another student. Upon request and when available, the student may be matched with a tutor who speaks the same first language.

Book a tutor

Academic Advising: Academic Advising assists with course selection, degree planning, and the academic appeals process, and offers supports for academic success. Students can meet with an Academic Advisor in-person or virtually through scheduled appointments or drop-in sessions.

Book an appointment OR Book an appointment (ISS)

Mentor Program: This program builds community on campus by matching new, first time students with an experienced student. A mentor can help students adjust to University life and provide peer-peer support through phone, zoom, text, or email, and in-person meetups. Request a mentor

UWinnipeg Immigrant & Refugee Student Club: This student group brings immigrant and refugee students together to support each other socially and academically, create a sense of community, and to act as a voice for immigrant & refugee students on campus. New students are invited to join the student group to engage in social and academic events.

Connect on Instagram: uw.irsc

WUSC: WUSC is a student refugee program that identifies youth affected by global crises through UNHCR, IRCC, and IOM and sponsors them to Canada to pursue higher education through universities' Local Committees. The University of Winnipeg is one of several Canadian universities that have sponsored refugee students since the 1980s. It's a great way to get involved with helping others. For the WUSC Local Committee, please visit their social media page.

Connect on Instagram: uofwpgwusc

Student Counselling Services: Free counselling is available to all students registered at UWinnipeg to support their well-being. Services are provided by in-person, virtual or phone appointments. Contact Student Wellness directly at the link below, or connect with IRSS for support in setting up your consultation.

More information

Accessibility Services (AS): AS facilitates an accessible learning environment for students with physical disabilities, learning disabilities, mental health issues, temporary injuries and other medical conditions. Students should connect with an AS Advisor to register for services and discuss possible academic accommodations.

Email: accessibility@uwinnipeg.ca; Phone: 204.786.9771 More information

Career Services: Career Services assists with career exploration and planning, resume writing, interview skills and job search support. Students can book virtual or in-person appointments with Career Advisors. Book an appointment

Study Skills workshops: IRSS collaborates with Academic Advising to hold study skill workshops on topics such as class participation and student resources, avoiding plagiarism: citing and paraphrasing (Library), effective time management, note-taking techniques, reading strategies, and critical thinking skills. Register at Study Skills.



If you would like a referral, assistance, or more information for any of the services listed, please contact:

David Mabior Atem

IRSS Coordinator

Immigrant & Refugee Student Services (IRSS)

P. 204.258.2910

E. irss@uwinnipeg.ca F. uwinnipeg.ca/irss

Awards & Financial Aid

AFA distributes scholarships, awards and bursaries to registered students, facilitates the government student loan process, and provides advice on budgeting and financial-related topics. They offer many informative sessions through their "Money Talks" webinars.

Opportunity Fund: Supports a bursary program for learners in financial need who are from underrepresented populations, including immigrants and refugees. It is an application-based bursary that is awarded each academic term.

More information

Government Student Aid: These are grants and loans from the federal and provincial governments that assist students with the cost of their studies.

More information



Immigrant and Refugee Student Services